



**NIRJA SAHAY DAV PUBLIC SCHOOL,
GOSHALA COMPLEX, KANKE, RANCHI-06**

SUMMER VACATION

HOLIDAY HOMEWORK

CLASS-III

Let all your worries and stress go away
this summer and enjoy every minute of it.
Have a great Summer Vacation!



ADVISORY

Dear children,

Summer vacation is a time to relax , rejuvenate and recreate yourself and your bond with your body, parents, siblings and nature.

Here are some points for summer vacation lifestyle management:

Physical Health

1. ***Stay hydrated***: Drink plenty of water to stay hydrated. Also try Desi coolers like lassi, chhachh, Nimboo pani, Nariyal pani, aam panna ,sattu etc.
2. ***Exercise regularly***: Engage in physical activities like sports, yoga, skipping ropes, zumba or walking.
3. ***Eat a balanced diet***: Focus on nutritious food, fruits, and vegetables. Prefer home cooked simple food .
4. ***Get enough sleep***: Maintain a consistent sleep schedule but get up early in the morning and read and revise the syllabus.

Mental Health

1. ***Practise relaxation techniques***: Try meditation, deep breathing, or mindfulness.
2. ***Take breaks***: Give yourself time to rest and recharge.
3. ***Engage in hobbies***: Pursue activities you enjoy, like reading, painting, or playing music.
4. ***Stay connected***: Nurture relationships with family , friends and nature. Help the needy in your society .
5. **Bond with parents** - Help your parents with house hold chores so that they can also spend some quality time with you. Make tea, juices, cold coffee etc and pamper them.

5. **Nurture the nature** –keep food grains and some water in a bowl for birds. Give the extra food, biscuits etc to the stray animals.

6. **Do gardening** – plant your favourite vegetable or flower seed in your garden and see them grow. You will feel immense pleasure.

Productivity

1. ***Set goals***: Plan and set achievable goals for your summer vacation. Read atleast 2 novels in this summer break.

2. ***Create a routine***: Establish a daily routine to stay organized.

3. ***Learn something new***: Take online courses, attend workshops, or learn a new skill. Read Hindi/ English newspapers Editorials daily. It will aid to your knowledge, vocabulary and skills.

4. ***Stay organized***: Keep track of your schedule and tasks Organize your room and your study table yourself.

Safety and Precautions

1. ***Stay safe online***: Be cautious when sharing personal information online. Don't be indulge too much in online games

2. ***Protect yourself from the sun***: Wear sunscreen, hats, and sunglasses when going outside.

3. ***Be mindful of water safety***: Follow safety guidelines when swimming or engaging in water activities.

4. ***Plan ahead***: Research and plan your activities, outings, and travels.

Balance

1. ***Balance work and play***: Make time for both relaxation and productivity.

2. ***Prioritize self-care***: Take care of your physical, mental, and emotional well-being.

3. ***Be flexible***: Adapt to changes and unexpected events.

4. ***Enjoy the moment***: Make the most of your summer vacation and create lasting memories.

Pamper yourself, learn , grow and enjoy your Vacations.

I/c Health and wellness Club

Mrs. Kiran Yadav

PRINCIPAL

CLASS - III

HURRAY! IT'S TIME FOR FUN AND PLAY! IT'S TIME FOR HOLIDAYS!

This summer let's try and make a difference.

- **Appreciate Nature** – Go for a long walk with your family and friends in a park or garden.
- **Good manners are the key** – Respect your parents, grandparents and all elders.
- **Stay Fit, Stay Healthy** – Remain hydrated. Drink lots of water and eat fresh fruits and veggies.
- **Save Nature** - Minimize the wastage of resources like water, fuel and electricity
- **Follow Everyday** – Do exercises and yoga every day. Read everyday and Watch less TV.

Instructions for students: -

- Do your homework neatly and on your own.
- Learn and revise all the Works done in the classroom.
- Complete your home works before coming to class after holidays.
- Follow the instructions carefully given for home works.

Subject: English

1. Visit a zoo or a park during summer vacation. Document your visit by clicking some photograph. Using recyclable materials make a photo frames for those photographs.
2. Draw the picture of an animal that you desire to keep in your home as a pet. Also write 5- lines stating the reason why you want to keep that animal as a pet. (In A4 size paper)
3. Make a face mask of any animal or make any two characters using recyclable materials of your choice. Eg.: -



4. Write 10 pages of English handwriting in a thin 3-lined copy. It should be written beautifully and neatly.
5. Paste pictures of different breeds of Dogs and write one line of how they serve us.
6. Learn the poem **AT THE ZOO / I SPEAK, I SAY, I TALK.**
7. Learn the word meanings, question answers and chapter ending questions of Chapters taught in the class.

विषय - हिंदी

1. **भाषा माधुरी** :- पाठ - 2 ' भारत देश ' तथा पाठ -3 ' हाथी और चिड़िया ' के प्रश्नोत्तर याद कीजिए और लिखिए।
2. ज़मीन के नीचे तथा ज़मीन के ऊपर उगने वाले पाँच - पाँच सब्जियों के चित्र बनाइए एवं उनके नाम लिखिए।

3. जीवन मूल्य पर आधारित प्रश्न -

(क) पेड़ उखाड़ने से क्या - क्या नुकसान हो सकते हैं?

(ख) अपनी धरती को हरी - भरी बनाने के लिए आप क्या करेंगे?

4. अपने पसंदीदा जानवर का मुखौटा बनाइए।

5. कविता 'भारत देश' का सस्वर वाचन करते हुए एक वीडियो बनाइए।

6. 'भारत देश' कविता को सचित्र A-4 साइज पेपर में लिखिए।

7. 'लू' से बचने के कोई तीन उपाय लिखिए।

8. ग्रीष्म ऋतु में मुख्य रूप से पाए जाने वाले पाँच फलों के चित्र बनाकर उनके नाम लिखिए।

9.. प्रत्येक दिन एक पृष्ठ (page) सुलेख लिखिए।

10. आप पक्षियों एवं पशुओं को ग्रीष्म ऋतु में पानी पिलाकर तथा दाना, भोजन खिलाकर उनकी सहायता कीजिए। ऐसा करते हुए आपको कैसा लगा। यह बताते हुए अपना वीडियो बनाइए और अपने वर्ग शिक्षक/ शिक्षिका (Class Teacher) को भेजिए।

Subject: Maths

❖ Complete your work with neat and clean handwriting and Solve these assignments in A4 size paper

01. Write the predecessor of:

a) 1253

b) 7052

02. Write the successor of:

a. 7832

b. 5700

03. Choose the correct answer:

a. The place value of 7 in 7843 is

i) 7000

ii) 700

iii) 70

b. Choose the numeral for Nine thousand ninety -

i) 9090

ii) 9009

iii) 9990

04. Write the number name for the following numbers:

a) 5,680

b) 9,002

05. Write the numeral for:

a) Nine thousand fifty five

b) Two thousand six hundred seventy four

06. Compare using >, < or = :

a) Five Hundred Fifty _____ $500 + 50$

b) $2000 + 10 + 2$ _____ 2020

c) $3000 + 200 + 50 + 4$ _____ 3245

d) 4,567 _____ 5,678

e) 7,009 _____ 7,900

07. Make a creative ABACUS showing numerals 3742 using any waste material available at home.

Subject : Science

1. Make an attractive greeting card or collage using leaves of different shapes. Then create any design. Eg.:-



2. Make a beautiful Paper Bag of your choice. Write two slogans on "Say No To Plastic Bags".
3. Make a Paper craft showing **Different parts of plant**. Eg:-



4. Collect the plastic waste and recreate it in useful thing showing how plastics can be recycled and reused. Eg.:



5. Revise Ch-1 and Ch-2 for Pre-Mid Term Exam. **(DO NOT WRITE ANYTHING IN CLASSWORK COPY. ONLY LEARN)**

Subject: S.Sc

Chapter 1: The Family

1. Write all the question answers of the chapter **The Family** in your homework copy.
2. In what ways does your mother guide you?
3. What values have you learned from your mother?
4. What are the qualities that you admire in your mother or father?
5. What does the word FAMILY stands for?

Chapter 2 : Family Similarities

1. Write all question answers of the chapter **Family Similarities** in your homework copy.
2. How do you solve your problems with your siblings?
3. How do your parents guide you to solve the problem?
4. On a political map of India locate label and colour the following states:-
 - Jharkhand
 - West Bengal
 - Bihar
 - Uttar Pradesh
 - Gujarat
 - Jammu and Kashmir

5. Make a card for a family member whom you want to thank you mention the reason for your gratitude.
6. Draw a **Family Tree** and paste the photographs of your family members.

Subject: General Knowledge

1. Paste 5 pictures of great freedom fighters and name them.
2. Paste 5 pictures of famous sports person and name them.
3. Learn and write states and Capitals.
4. Write dance forms of following states along with pictures.
 - a. Odisha
 - b. Manipur
 - c. Tamil Nadu
 - d. Kerala
 - e. Jharkhand

Note- Do it in A4 size paper

विषयशिक्षा नैतिक -

- . 1 पाठ एक प्रार्थना कविता को याद करें।
- . 2 किन्ही पांच ऐसे कार्यों के बारे में सोच कर लिखें जो आपकी मां आपके लिए प्रतिदिन करती हैं।
- . 3 आर्य समाज के नियम याद करिए और लिखिए।
- . 4 नैतिकता पर आधारित कोई एक कहानी का वाचन करते हुए वीडियो बना कर और भेजे।

Subject: Computer

1. Draw and colour your Computer Lab in “Parts of Computer” in A4 sheet only.
2. Type 5 lines on “My Family” using Word Pad or MS Word. Use bold and italic for important words.
3. Prepare a chart showing 5 good manners to follow while using computer lab.

Subject: - Art and Craft

- ❖ **Art:** - Still life with pencil shading, scenery with oil pastel
- ❖ **Craft:** - C.D. Creative Work, Ice-Cream stick Work